

# Terms & Conditions



1. I will inform First Contact UK Mental Health immediately if I am unable to take part in the event.
2. **Disclaimer:** I agree that I am taking part in this event ("Event") at my own risk and that First Contact UK Mental Health shall not be held liable for any accident, injury, loss or damage incurred as a result of my participation in the Event, unless such accident, injury, loss or damage is caused by the negligence of First Contact UK Mental Health.
3. **Health:** I agree that I am responsible for my health and for deciding whether I am physically able to take part in the Event. If I am unsure about whether I am physically able to participate then I will obtain medical advice prior to the Event. I agree that if I need to drop out of the Event I will let First Contact UK Mental Health know as soon as possible.
4. **Age:** I hereby confirm that I am 18 years of age or older.
5. **Entry:**
  - I agree to raise a minimum of £250 for the Event, which will secure my place on one of the One Man & His Fridge walk stages.
  - I agree that I must complete the registration process with the event organisers in order to secure my place.
  - I also agree that I must comply with all conditions of the Event as set out by the Event organiser.
  - If the Event is cancelled or postponed, I understand that First Contact UK Mental Health will do everything they can to transfer my place to another time. However I acknowledge that this may not always be possible, and a that a place is not guaranteed.
  - Please advise us if you move address, change contact number or email address after you have registered with for an Event.
6. **Sponsorship:**
  - I agree that acceptance of my place on one of the One Man & His Fridge walk stages confirms my commitment to raise as much money as possible over the minimum pledge target for First Contact UK Mental Health by my participation in the Event.
  - Your participation in this Event costs First Contact UK Mental Health a small amount of our non-profit funds, so we ask that you have a realistic plan of how you will reach the fundraising target before you accept the place.
  - If you don't raise the total amount, this may restrict you from being given a charity place for any event in the future.
  - I further agree that I will start fundraising using an online fundraising platform for the First Contact UK Mental Health not less than two months before the Event date and that if I fail to do so the First Contact UK Mental Health may cancel my participation in the Event.
  - If you are unable to demonstrate commitment to meeting your fundraising target you may be withdrawn from the event.
  - We will inform you of our concerns and attempt to resolve the situation where possible.
  - I understand that the pledge target does not include Gift Aid and I agree to encourage my sponsors to Gift Aid their sponsorship (which will incur no extra cost to them).

- I agree that I will not bring First Contact UK Mental Health's name into disrepute and that I will fundraise responsibly and legally.
- If I have to pull out of the Event for any reason (including injury) I agree that I will submit all sponsorship raised by then to First Contact UK Mental Health, subject to informing my donors that I am no longer participating in the Event and that they may, if they wish, have their sponsorship money returned to them.

## **7. Payments to First Contact UK Mental Health:**

- All funds raised via my online sponsorship page will be transferred to First Contact UK Mental Health automatically.
  - I will pay any offline sponsorship via cheque made payable to 'First Contact UK Mental Health', or bank transfer or by using a paying-in slip, available from First Contact UK Mental Health into the non-profit bank account.
  - I will forward all outstanding donations to First Contact UK Mental Health no later than four weeks after the date of the Event. If I require any further information about transferring my offline sponsorship I will email [victoria@firstcontactukmentalhealth.co.uk](mailto:victoria@firstcontactukmentalhealth.co.uk)
8. I agree that I will comply with any instructions or guidance provided by First Contact UK Mental Health relating to my fundraising activities in connection with the Event and to my participation in the Event, but I acknowledge that I remain responsible for organising and carrying out my fundraising activities in connection with the Event and my participation in the Event.
9. I acknowledge and accept that First Contact UK Mental Health's insurance policies do not cover my participation in the Event.
10. I will comply with all applicable laws and regulations relating to the Event.
11. I will not do anything that may damage First Contact UK Mental Health's reputation or name. I agree that, in the event that First Contact UK Mental Health reasonably believes that my participation in the Event may damage First Contact UK Mental Health's name or reputation, I will withdraw from the Event immediately at the request of FCUK.

If you have any questions about our Terms & Conditions, please email [victoria@firstcontactukmentalhealth.co.uk](mailto:victoria@firstcontactukmentalhealth.co.uk)

Signed: \_\_\_\_\_

Dated: \_\_\_\_\_